**Rivera Early College High School**

**Weekly Lesson Plan**

**2018-2019**

**Week of: 8/20/16 - 8/24/16 J. Alvarez**

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| **Lesson Components** | **Initial Instruction** | **Support** | **College & Career Readiness** |
| **Lesson Focus:** | Students will receive syllabus, rules and consequences. Locker Room Orientation. Assign lockers to students. |  | □ Intellectual Curiosity |
| x Reasoning |
| x Problem Solving |
| **TEKS:** | B1,2,C1A,1B,2AB,3ABCD,4BCEF,5ABEFG | | □ Academic Behaviors |
| x Work Habits |
| □ Academic Integrity |
| **Comprehension Purpose Question(s):** | **What is your Target Heart Rate** |  | □ Reading Across the Curriculum |
| □ Writing Across the Curriculum |
| □ Research Across the Curriculum |
| **Resource(s):** |  |  | □ Use of Data |
| □ Technology |
| **Common Instructional Framework** |
| **Required Materials and/or Technology:** | Locks for Locker. Change of Clothes. | | x Collaborative Group Work |
| □ Writing to Learn |
| x Questioning |
| **Physical Classroom Setup:** | Each class has their students in a squad. | | x Scaffolding |
| xClassroom Talk |
| □ Literacy Groups |
| **Student Grouping(s):** | Students lined up in alphabetical order. |  | **Texas Literacy Initiative** |
| x Think Turn Talk |
| x Making Connections |
| **Expectations:** | Students will learn how to monitor their heart rate. They will be monitoring their jogging to increase their cardiorespiratory endurance. Student Cooperation. | | □ Creating Mental Images |
| xMaking Inferences and Predictions |
| □ Questioning |
| **Student Product(s)/**  **Accountability:** | Students will be monitored by the teachers who will be supervising the jogging and calisthenics. |  | x Determining Importance and Summarizing |
| x Monitoring and Clarifying |
| **ELPS** |
| **Rubric:**  **□ grid**  **□ Likert scale**  **□ observation-based**  **checklist** | □ Reading |
| □ Writing |
| x Listening |
| x Speaking |